

# GoodNaz 5K Fun Run and Walk

*Proceeds to benefit*

*Goodlettsville Help Center*

Saturday, March 6, 2010

8:00 a.m.

Goodlettsville Church of the Nazarene  
400 Loretta Drive, Goodlettsville, TN 37072

Register online @ [www.active.com](http://www.active.com) & [www.goodnaz.org](http://www.goodnaz.org)  
For more information - [www.goodnaz.org](http://www.goodnaz.org)  
Early Registration ends Tuesday,  
March 2, 2010 @ Midnight.  
Registration on day of event begins 6:30 a.m.



(Please print)

NAME: \_\_\_\_\_

AGE: \_\_\_\_\_ SEX M F

ADDRESS: \_\_\_\_\_

OFFICIAL USE ONLY

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE: *(include area code)* \_\_\_\_\_ EMAIL: \_\_\_\_\_

T-SHIRT: S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_ XXL \_\_\_\_\_

*(Only those pre-registered by 02.20.10 guaranteed shirt.)*

## ENTRY FEE

\$20 Pre-registration

\$25 Day of GoodNaz 5K Run/Walk

*Make checks payable and mail to:*

## GOODNAZ

400 Loretta Drive, Goodlettsville, TN 37072

*NOTE: 5K RUN/WALK*

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**WAIVER: I, by my entry into the event, release for myself and anyone on my behalf, Goodlettsville Help Center, Goodlettsville Church of the Nazarene, the Government of Davidson and Sumner County and Goodlettsville, TN, and all sponsors and anyone in their organization involved in the event, their employees, agents or representatives, from all claims of liabilities of any kind of nature whatsoever arising out of my voluntary participation. I know that running is potentially dangerous and I assume all risks.**